

# April 2025

## GECAC NORTH EAST SENIOR CENTER

50 East Main Street, North East, PA 16428 (814) 725-5195

### **CENTER HOURS**

*Tuesday thru Friday  
9:00 a.m. to 3:00 p.m.*

*Lunch Served at  
12:00 Noon  
(\$2.00 Donation/person)*



### **Daily Lunches**

GECAC provides lunches for Seniors 60 and older Tuesday through Friday at our Center. We serve promptly at 12:00 noon on those days. Meal Donation is \$2.00 per person\ per day. *This fee does not apply to special events.* We are asking that you sign up on the sheets near the front entrance two weeks in advance. This will help the kitchen staff plan better for our daily numbers. If you sign up and can't attend, please give us a call. Our preference is to have too many meal versus not enough. We order a few extra meals each day to cover for visitors. If you forget to sign up when you are at the Center, just give us a call and we will be glad to add you to the list.

### **How Do Donations and Fundraised Dollars Help Our Center**

Meal Donations help to off-set the cost of meals. On average, the actual cost of the meal is over \$5.00. Meal donations also help maintain or replace equipment. These dollars are vital to maintaining the Center and its daily operations. Booster and Fundraiser Donations help pay for parties, entertainment, snacks and more. They also help pay for programming like exercise, craft classes, computer usage and more. These dollars are vital to your programming options and enjoyment of the Center. Donations and Fundraisers are all voluntary; however please continue to support your Center by whatever means you are able. The Center and their services mean so much to so many and your support goes a long way towards helping your Center continue to offer programming and services

## SAVE THE DATE June 9, 2025 Bus Trip

Let us travel back in time with toys we grew up with and the ones from this generation. The National Toy Hall of Fame is a collection of toys collected by a woman named Margaret Strong. During her lifetime she along with her parents traveled to several countries where she collected toys. When she passed, she left all her collections plus financial resources for a museum which was started in 1982. We will tour the Margaret Woodbury Strong Museum in downtown Rochester plus enjoy a butterfly garden.

Afterwards we will have lunch. Then we will be off to visit two stores, the Marilla Store and Vidlers. Both are mom and pop stores, each having their own unique items. Stay tune for more details soon!



## REMINDER TO EVERYONE HANDICAP PARKING

Please leave the handicap parking spots for individuals who truly need them. This includes using the area near the grass next to the benches. We have several consumers that have difficulty walking into the building and may not have a HANDICAP placard for their vehicle, but need to park close to the door. Thank you for your co-operation!

The GECAC North East Senior Center, Operated by Greater Erie Community Action Committee Area Agency on Aging, is funded in part by PA Dept. of Aging: Dr. Ben Wilson GECAC CEO, Ray Maholtz AAA Division Manager.

## TAX ASSISTANCE OPTIONS

**OPTION 1:** The 4 Nine Thrift Store is offering a voucher program for tax preparation for North East residents. Voucher pick up is in person only during store hours. Store hours are Monday/Wednesday noon to 4:00p.m. Saturday 10:00a.m. to 2:00p.m. A limited number of vouchers are available. Proof of residency is required. (Thrift Shop Address: 49 Smedley Street, North East, PA)

**OPTION 2:** Vita Free Preparation at Gannon University, 900 State Street, Erie, PA 16541 [\(814\) 746-8155](tel:8147468155)

Tuesday: 11:00a.m. to 3:00p.m.  
Wednesday 4:30p.m. to 6:30p.m.  
Thursday 11:00a.m. to 3:00p.m.



Cooking class is being held on Tuesday, April 15 at 1:30 p.m. Tammy Mason will be making Ham Tetrazzini during this class. Please sign up so we may plan accordingly. Thank you!

Cost: \$3.00/person.









# GECAC North East Senior Center April 2025 Menu



Tue	Wed	Thu	Fri
<b>Chicken Salad Pita</b> <b>Broccoli Soup</b> <b>Fruit Cup</b> 1	<b>Swedish Meatballs</b> <b>Noodles</b> <b>Peas</b> <b>Ice Cream</b> 2	<b>TACO Salad</b> <b>Carrot Cake</b> 3	<b>Meatball Sub</b> <b>Spinach Salad</b> 4
<b>Beef Stew</b> <b>Sweet Potatoes</b> <b>Wax Beans</b> <b>Fruit Cup</b> 8	<b>Salisbury Steak</b> <b>Diced Potatoes</b> <b>Peas</b> <b>Pudding Cup</b> 9	<b>Chicken Cordon Bleu</b> <b>Broccoli</b> <b>Cookie</b> 10	<b>Beef Ravioli</b> <b>Toss Salad</b> <b>Fruit Cup</b> 11
<b>Sausage Sub</b> <b>w/ peppers and onions</b> <b>Pork 'n' Beans</b> 15	<b>Ox Roast Sandwich</b> <b>Cole Slaw</b> <b>Vegetables</b> <b>Jell-o</b> 16	<b>Stuffed Cabbage</b> <b>Mashed Potatoes</b> <b>Vegetables</b> <b>Fruit Cup</b> 17	<b>Tuna Salad</b> <b>Sandwich</b> <b>Baby Carrots</b> <b>Fruit Cup</b> 18
<b>Grilled Chicken Breast</b> <b>Hash Browns</b> <b>Baby Carrots</b> <b>Fruit Cup</b> 22	<b>Goulash</b> <b>Salad</b> <b>Pudding</b> 23	<b>Chicken Fettuccini</b> <b>Vegetables</b> <b>Fruit Cup</b> 24	<b>Turkey</b> <b>Diced Potatoes</b> <b>Peas</b> <b>Pudding</b> 25
<b>Pork Roast</b> <b>Scalloped Potatoes</b> <b>Zucchini</b> <b>Fruit Cup</b> 29	<b>Stuffed Chicken Breast</b> <b>Sweet Potatoes</b> <b>Vegetables</b> <b>Fruit</b> 30		

